

Labels!

Labels are names we give to ourselves or other people give to us because of either the way we look, act, dress, and how we put ourselves out there. BUT WHY???

This picture is like someone telling us you're a "jock," "prep" or "goth" and this picture says, "Because I'm on a dumpster, I'm nothing; Mountain View is nothing." But we need to stop and think--sooner or later we are gonna start degrading ourselves and putting ourselves down because of what other people say and we can't do that any more. We need positive role models for teens in our early life so we stop thinking we are nothing anymore.